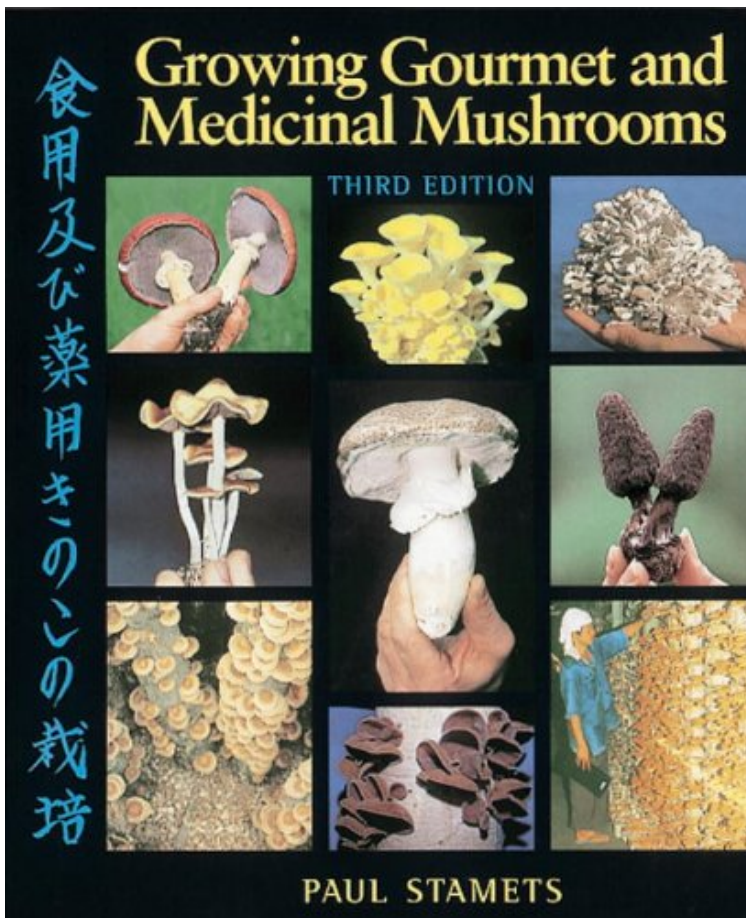


Growing Gourmet and Medicinal Mushrooms



Par Paul Stamets

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Description :

Présentation de l'auteur After years of living in awe of the mysterious fungi known as mushrooms-chefs, health enthusiasts, and home cooks alike can't get enough of these rich, delicate morsels. With updated production techniques for home and commercial cultivation, detailed growth parameters for 31 mushroom species, a trouble-shooting guide, and handy gardening tips, this revised and updated handbook will make your mycological landscapes the envy of the neighborhood. From the Trade Paperback edition. Présentation de l'auteur After years of living in awe of the mysterious fungi known as mushrooms-chefs, health enthusiasts, and home cooks alike can't get enough of these rich, delicate morsels. With updated production techniques for home and commercial cultivation, detailed growth parameters for 31 mushroom species, a trouble-shooting guide, and handy gardening tips, this revised and updated handbook will make your mycological landscapes the envy of the neighborhood. From the Trade Paperback edition. Biographie de l'auteur PAUL STAMETS is the founder of Fungi Perfecti and codirector and founder of the Rainforest Mushroom Genome and Mycodiversity Preservation Project. He is the author of two seminal textbooks, The Mushroom Cultivator and GROWING GOURMET AND MEDICINAL MUSHROOMS, has been published in numerous journals, and is presenting more lectures on mycology than he can keep track of. An advisor and

consultant to the Program for Integrative Medicine at the University of Arizona Medical School and the 1998 recipient of the Collective Heritage Institutes Bioneers Award, Stamets lives in Kamilche Point, Washington with his collection of more than 250 medicinal mushroom cultures.